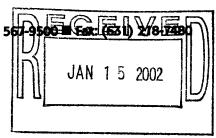


90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 12, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our EPO & Soy Isoflavones supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- For Menopausal Support
- Helps Relieve Hot Flashes and Night Sweats
- EPO & Soy Isoflavones is the perfect menopausal supplement to help relieve the midlife changes for peri-menopausal, menopausal, and post-menopausal women.
- Evening Primrose Oil (EPO) has been used for centuries to promote women's health.
- It contains one of the richest sources of Gamma Linolenic Acid (GLA), which helps regulate a variety of important functions in the body.
- Recommended by leading women's health experts everywhere, Soy Isoflavones are an abundant source of genistein and daidzein, two phytochemicals that help promote menopausal health.
- Soy Isoflavones help alleviate the hot flashes and night sweats that are so common during midlife years.
- EPO & Soy Isoflavones is an excellent product for addressing the transitional changes that take place in a women's body over time.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

OS/tk